

Summit, Wheaton.

REGION 7A

3,200 meters/Grand Rapids

Hermantown 42, Aurora-Hoyt Lakes 71, Chisholm/Orr 88, Rush City 109, Hinckley 121, Deer River 125, Silver Bay 212, Duluth Marshall 243, McGregor 252, Eveleth/Gilbert 277, Pine City 303, Babbitt-Embarass incomplete, Northland/Remer/Hill City incomplete. **State qualifiers**—1. Becky Sunnarborg, Chisholm/Orr, 11:33; 2. Mary Van Cleve, Aurora-Hoyt Lakes, 11:47; 3. Katie McGee, Duluth Marshall, 11:55; 4. Bronwynn Bluedorn, Hermantown, 11:56; 5. Melissa Stich, Rush City, 12:02. **Region coach of the year**—Frank Urbia, Chisholm/Orr.